FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, D.C. 20549 | |
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| | |

| STATEMENT | OF CHANGES | S IN BENEFICI | AL OWNERSHIP |
|------------------|------------|---------------|--------------|

| OMB APPR | OVAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* <u>JENNINGS MARK E</u> | | | | | 2. Issuer Name and Ticker or Trading Symbol Sterling Check Corp. [STER] | | | | | | | ck all app | licable) | ng Person(s) to Is | | | | | |
|---|--|--|----------|--|--|---|--|---|---------------------------------------|-------|---|---|-----------------------------------|--------------------|--|--|--|---|--|
| (Last) | (Fir | est) (N | /liddle) | | 3. Date of Earliest Transaction (Month/Day/Year) 03/31/2023 | | | | | | | | Office below | r (give title | | Other (s below) | pecify | | |
| STERLING CHECK CORP. 1 STATE STREET PLAZA, 24TH FLOOR | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person | | | | | . | | | |
| (Street) NEW YO | ORK NY | <i>?</i> 10 | 0004 | | | Form filed by More than One F Person | | | | | | | | One Repo | orting | | | | |
| (City) | (Sta | ate) (Z | Zip) | | $ $ \Box \langle | Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Ins | | | | | | | | | | | | | |
| | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | |
| Date | | | | 2. Transac Date (Month/Da | Day/Year) Exec | | A. Deemed xecution Date, any //onth/Day/Year) | | Transaction Disposed (Code (Instr. 5) | | ies Acquired (A Of (D) (Instr. 3, | | , 4 and Securi Benefi Owned | | ies ially Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership | |
| | | | | | | | | | Code | v | Amount | (A) (D) | or Pi | rice | Reporte Transa (Instr. 3 | ction(s) | | | Instr. 4) |
| Common Stock | | | | 03/31/2 | 2023 | 023 A 1,306 ⁽¹⁾ | | | A | 1 | \$ <mark>0</mark> | \$0 147,641 D | | | | | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | if any | med on Date, Day/Year) | n Date, Transaction Code (Instr. | | | mber ative rities ired osed . 3, 4 | 6. Date Expirati (Month/ | on Da | | 7. Title and Amount of Securities Underlying Derivative Security (In 3 and 4) | | tr. | Price of erivative ecurity astr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Owner Form Direct or Ind (I) (In | 10. Ownership Form: Direct (D) or Indirect I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | (D) | | | Expiration Date | Amou or Numb of Title Share: | | er | | | | | |

Explanation of Responses:

1. Shares issued to independent non-employee directors who elected to receive annual compensation in equity in lieu of cash.

Remarks:

/s/ Steven L. Barnett, 03/31/2023 Attorney-in-Fact for Mark E. **Jennings**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.