FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

| Washington, D | C. 20549 |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL             |       |  |  |  |  |  |  |  |  |
|--------------------------|-------|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0287    |       |  |  |  |  |  |  |  |  |
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| hours per response       | : 0.5 |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     Larsen Jill            |                                                                                                                                              |       |                | 2. Issuer Name and Ticker or Trading Symbol Sterling Check Corp. [ STER ] |                                                             |                                                                                                                                                                                                                                                         |        |                                             |                                                      |           |                                 | 5.<br>(C                                                                                          | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner |                                                |                                                                                                                            |   |                                                                  |                                          |
|------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-------|----------------|---------------------------------------------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---------------------------------------------|------------------------------------------------------|-----------|---------------------------------|---------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|---|------------------------------------------------------------------|------------------------------------------|
| (Last)                                                           | (Fir                                                                                                                                         | ,     | Middle)        | )                                                                         | 3. Date of Earliest Transaction (Month/Day/Year) 05/22/2024 |                                                                                                                                                                                                                                                         |        |                                             |                                                      |           |                                 |                                                                                                   |                                                                                               | Officer (give title below)                     |                                                                                                                            |   | Othe<br>belo                                                     | r (specify<br>w)                         |
| STERLING CHECK CORP.<br>6150 OAK TREE BOULEVARD, SUITE 490       |                                                                                                                                              |       |                | 4. If Amendment, Date of Original Filed (Month/Day/Year)                  |                                                             |                                                                                                                                                                                                                                                         |        |                                             |                                                      |           |                                 | 6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person |                                                                                               |                                                |                                                                                                                            |   |                                                                  |                                          |
| (Street) INDEPENDENCE OH 44131                                   |                                                                                                                                              |       |                | Form filed by More than One Reporting Person                              |                                                             |                                                                                                                                                                                                                                                         |        |                                             |                                                      |           |                                 |                                                                                                   |                                                                                               |                                                |                                                                                                                            |   |                                                                  |                                          |
| (City)                                                           | y) (State) (Zip)                                                                                                                             |       |                |                                                                           |                                                             | Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. |        |                                             |                                                      |           |                                 |                                                                                                   |                                                                                               |                                                |                                                                                                                            |   |                                                                  |                                          |
|                                                                  |                                                                                                                                              | Table | I - N          | on-Deriva                                                                 | tive                                                        | Secu                                                                                                                                                                                                                                                    | rities | Ac                                          | quire                                                | d, Dis    | sposed of                       | , or B                                                                                            | enefici                                                                                       | ally Own                                       | ed                                                                                                                         |   |                                                                  |                                          |
| 1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/ |                                                                                                                                              |       | Execution Date |                                                                           | ,                                                           | 3.<br>Transaction<br>Code (Instr.<br>8)                                                                                                                                                                                                                 |        |                                             |                                                      |           | Beneficially<br>Owned Following |                                                                                                   | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4)                             |                                                | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership                                                                        |   |                                                                  |                                          |
|                                                                  |                                                                                                                                              |       |                |                                                                           |                                                             |                                                                                                                                                                                                                                                         |        |                                             | Code                                                 | v         | Amount                          | (A) or (D)                                                                                        | Price                                                                                         | Reported<br>Transaction(s)<br>(Instr. 3 and 4) |                                                                                                                            |   |                                                                  | (Instr. 4)                               |
| Common Stock 05/22/                                              |                                                                                                                                              |       |                | 05/22/20                                                                  | )24                                                         |                                                                                                                                                                                                                                                         |        | A                                           |                                                      | 12,756(1) | A                               | \$0                                                                                               | 47,                                                                                           | 47,171                                         |                                                                                                                            | D |                                                                  |                                          |
| Common Stock                                                     |                                                                                                                                              |       |                |                                                                           |                                                             |                                                                                                                                                                                                                                                         |        |                                             |                                                      |           |                                 |                                                                                                   |                                                                                               | 30,982                                         |                                                                                                                            | I |                                                                  | Owned<br>through<br>DigitalHR,<br>LLC.   |
|                                                                  | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |       |                |                                                                           |                                                             |                                                                                                                                                                                                                                                         |        |                                             |                                                      |           |                                 |                                                                                                   |                                                                                               |                                                |                                                                                                                            |   |                                                                  |                                          |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)              | Derivative Conversion Date Execution Date, or Exercise (Month/Day/Year)                                                                      |       |                |                                                                           |                                                             | ransaction of Code (Instr. Derivative                                                                                                                                                                                                                   |        | vative<br>rities<br>pired<br>r<br>osed<br>) | Expiration Date (Month/Day/Year) Set Unn Der Set 3 a |           |                                 |                                                                                                   | e and<br>nt of<br>ities<br>lying<br>ative<br>ity (Instr.<br>4)                                |                                                | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) |   | 10.<br>Ownersi<br>Form:<br>Direct (D<br>or Indire<br>(I) (Instr. | Beneficial<br>Ownership<br>ct (Instr. 4) |
|                                                                  |                                                                                                                                              |       |                |                                                                           | Code                                                        | v                                                                                                                                                                                                                                                       | (A)    | (D)                                         | Date<br>Exerc                                        | isable    | or<br>Num<br>Expiration of      |                                                                                                   | or<br>Number                                                                                  |                                                |                                                                                                                            |   |                                                                  |                                          |

## Explanation of Responses:

1. Annual award grant of restricted stock to independent non-employee directors.

## Remarks:

/s/ Steven L. Barnett,

Attorney-in-Fact for Jill 05/24/2024

Larsen

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).